

GAP provides ongoing support to families with information and referrals for:



Please Contact Us!

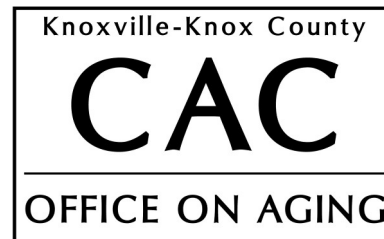
The GAP office is located at the
L.T. Ross Building
2247 Western Avenue
Knoxville, TN 37921

Mailing Address:
GAP
P.O. Box 51650
Knoxville, TN 37950-1650

**Call:
(865) 524-2786**

Visit our website: [www.knoxseniors.org/
grandparents.html](http://www.knoxseniors.org/grandparents.html)

**For more information, call
GRANDPARENTS
AS PARENTS
(865) 524-2786**



**A Program of
CAC Office on Aging for
Grandparents & Other
Relative Caregivers**



(865) 524-2786



Bridging the GAP

The Knoxville-Knox County Community Action Committee's Office on Aging created the **Grandparents as Parents Program** in August 2000 to address the unique needs of grandparents and relative caregivers raising children whose parents were unable to care for them.

Grandparents as Parents (GAP) provides educational day and evening support group meetings plus referrals to needed community resources.

There are no age or income requirements to join this free program. Call our office to join Grandparents As Parents and receive the monthly newsletter, other pertinent information, and referral services.

Why Do Families Need GAP?

Grandparents or other relatives often find themselves raising family children when the children's parents are not in their lives for a wide variety of reasons.

These children may experience special emotional needs based on feelings of abandonment by their parents. Many have special physical or mental health needs while others face lasting effects from addiction to alcohol or drugs from birth.

Grandparents assuming the role of primary caregiver and parent to these children need support as they cope with new sets of challenges raising the next generation. As these grandparents were preparing for the joys of retirement, they are suddenly thrust into a new world of parenting the second time.

**GAP day support meetings
Last Tuesday of each month
10:00 a.m. at the
L.T. Ross Building,
2247 Western Ave,
Knoxville, 37921
GAP night support meetings available.
Call GAP office for schedule.**

GAP Meetings

GAP offers monthly educational support meetings. Attendees are at the same place in life, having recently become caregivers of family children or raising grandchildren for years.

At these public meetings, relative caregivers hear about topics of interest to them from community experts in fields such as

- law
- the school system
- health care
- mental health
- childhood development
- and much more

The speakers answer their questions as members share their experiences about what helped them get through similar situations.

Although these meetings are open to the public, we do ask that you RSVP.

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