

HVMS CHEER TRYOUT INFO 2019

Coaches: Heather Auxier and Ashleigh Houser

Contact: Heather.Auxier@knoxschools.org

Ashleigh.Houser@knoxschools.org

Tryout Info:

Location: HVMS Gym

Clinic Dates: March 26th & 27th (Mandatory) 3:45-6:00

Try Out Date: March 29th @ 4:00 until all girls have tried out.

Cost: \$15.00 (non-refundable)

Mandatory Parent Meeting: HVMS Library

March 12th @ 7:00 PM

(This will be after 5th grade night)

At least one parent or guardian must be present in order for your child to participate in tryouts.

If your athlete makes the team there will be a new team meeting on Tuesday, April 9th at 6:00 pm. The first \$200.00 payment will be due at this meeting.

Try Out Attire:

- You must wear a plain white shirt and black shorts.
- Clothing must not reflect any school or cheer logos.
- Hair must be pulled all the way up in a pony tail with a plain white bow. (White bows can be purchased for \$3 at Wal-Mart in the Craft section)
- No Jewelry
- All nails must be trimmed short.
- Try-Outs will consist of a Cheer, Chant, Dance, and 3 Jumps.
- Tumbling will be scored but is not required.
- Your number and group will be decided by a blind draw on March 27th.

The following must be turned in to Coach Auxier or Coach Houser by March 25th @2:45 in order for your child to participate in try-outs:

1. \$15.00 check or money order made out to HVMS (Athlete's name in the memo line)
2. All the signed documents in this packet.
3. Current physical on a Knox County Physical Form (Can be found on HVMS Cheer Page)

If you have any questions email coach Auxier or Coach Houser.

CONTACT INFORMATION

Student:

Name _____ Nickname _____

Address _____

Email _____ Birthday _____

Cell # _____ Home # _____

Shirt Size (please indicate Youth or Adult) _____

Parent Information:

Mom _____

Dad _____

Address (if different from student)

Address (if different from student)

Mom Email _____

Dad Email _____

Mom Cell _____

Dad Cell _____

Mom Home# _____

Dad Home# _____

Emergency Contact:

Name _____

Relation to Student _____

Phone # _____

Please circle all emails and phone numbers that you would like to be included in the group chat and coach communication emails.

CHEERLEADER'S INTENT

Each potential cheerleader will complete this and turn it in prior to tryouts.

I _____ am trying out for cheerleader for the 2019-20 team. If selected, I agree to each of the following:

I will **fulfill all responsibilities** of a cheerleader by working hard, being focused, disciplined, and having a positive attitude.

I will **meet the eligibility requirements of the TSSAA and HVMS.**

I will **attend all practice, games, events and appearances for which I am scheduled.**

I will **be on time for each practice and game, dressed in my complete, appropriate uniform.**

I will **keep the cheerleading uniforms in good condition at all times**, returning them after the end of the season at the specified time. ****If uniform is school owned****

I will **cooperate fully and respect my teammates and coach during the season.**

I will **attend all summer camps and cheer clinics.**

I understand that **I am a leader and I will behave in a way that is appropriate for a cheerleader at HVMS, both on and off campus, in or out of uniform including ALL SOCIAL MEDIA posts.**

I will **abide by all conditions listed in the HVMS Field Trip Policy and Handbook**, and I am aware that camp/away games/competitions constitute a field trip.

I will **not let ANY extracurricular activity, including but not limited to a job interfere with my high school cheer responsibilities.**

I will **communicate fully with my parents, teachers, and my coach regarding school and cheerleading activities.**

I will **listen to the coach and read all notifications either via email or text.**

I have read and understand the attached constitution. I will abide by all the requirements of a HVMS Cheerleader.

Signature of Candidate: _____ Date: _____

Signature of Parent(s): _____ Date: _____

PARENT LETTER OF UNDERSTANDING

Parent or guardian must fill this out and turn it in prior to your athlete participating in tryouts.
Please initial all and sign at the bottom.

_____ I affirm that I have read and understand the Hardin Valley Middle Cheerleading Constitution and handbook. I fully understand and accept the responsibilities, qualifications, and rules of the document. I understand that these By-Laws go into effect immediately upon the selection of my child as a Hardin Valley Middle Cheerleader.

_____ I understand that my child must have a physical examination on file in order to try out for cheerleader. This physical cannot be older than one year old. I realize and agree that is my responsibility to provide and/or arrange transportation to and from any cheerleading activity for my child.

_____ I also understand that Hardin Valley Middle or the coaches are not responsible for the loss or damage to personal property of others or injury to other people caused by my son/daughter.

_____ I understand that all the attached forms must be completed and turned into the coaches by **March 25th, 2019** or my child will not be allowed to tryout. I understand my child must attend all tryout workshops or my child will not be considered for a cheerleading position. I understand that qualified judges will evaluate my child and I agree to abide by the decision of the judges.

_____ I understand the behavior expectations laid out in the handbook sections I-VIII. I know the consequences for these behaviors. I understand that my athlete is responsible for their actions and that consequences may include dismissal from the team.

_____ I understand the cost involved as stated in the handbook. I understand that these are estimates and that there could be other costs involved in the season. I agree to pay the amount communicated by the coaches by the payment dates. I also understand that additional events such as competitions, spirit days, and parades may be an additional cost not included in the original estimate.

_____ I understand by the nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the cheerleader and coach are, no matter how many spotters are used, no matter what height is used or what landing surface exists, the risk cannot be eliminated; reduced, yes, but never eliminated. The risks of injury include minor injuries, such as broken bones, dislocations, and muscle pulls as well as catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand that proper conditioning, training techniques, and warm-ups are necessary to avoid the possibility of injury. I understand these risks and I will not hold Hardin Valley Middle or any of its personnel responsible in the case of accident or injury at anytime.

_____ I give Heather Auxier and Ashleigh Houser, cheerleading coaches at Hardin Valley Middle, permission to act in my stead of any medical or other emergency situation where I am not present. I grant permission for qualified personnel to administer immediate treatment in case of injury.

Parent Signature

Date