Adrenal insufficiency is a hormonal disorder that occurs when the adrenal glands do not produce enough hormones.

Adrenal crisis is a sudden, severe worsening of symptoms associated with adrenal insufficiency. Symptoms include severe pain in the lower back, abdomen or legs, vomiting, diarrhea, dehydration, low blood pressure or a loss of consciousness.

School personnel will be trained in medication administration for the treatment of an adrenal crisis when a parent/guardian notifies Knox County Schools that their child is diagnosed with adrenal insufficiency. The school nurse is responsible for the training.

School personnel who have successfully completed the educational training in the treatment of adrenal insufficiency may administer the medication to the student during an adrenal crisis. If the school nurse is on site, the nurse will administer the medication.

Training:

1. School personnel trainee must successfully complete an adrenal insufficiency training recognizing the signs and symptoms of an adrenal crisis responding with student-specific interventions.

2. Review the medication order and confirm parent/guardian permission.

3. School personnel trainee will be able to describe the types of medications available for treating adrenal insufficiency and an adrenal crisis.

4. School personnel trainee must be able to properly administer the medication used to treat an adrenal crisis to include drug preparation, documentation and follow-up care.

5. School personnel trainee will notify or delegate notification of EMS/911, parents/guardian and school nurse anytime adrenal crisis medication is administered.

Legal Reference:

1. T.C.A. § 49-50-1603.

Approved as to Legal Form 9/29/2017
By Knox County Law Director
/Gary T. Dupler/Deputy Law Director