



Vision Activities And Resources

KCS Vision At Home Activities and Resources




At Home Ideas for Visual Impairment:


- Have your child use their monocular for a game of “I spy”. Find something stationary in the distance and have your child find it
- Play games that emphasize positional concepts (“I see something that hops under the table”)
- Play games that work on matching skills or puzzles
- Use the Independent Living Skills checklists to practice skills around the house
Remember to encourage students to search for items from left to right and top to bottom
- Play a board game together having your child use their magnification device to read the instructions
- Make a new recipe together having your child use their magnification to read directions and have them search for the items needed to make the recipe from the cabinet or refrigerator using left to right and top to bottom strategies
- When you and your child work together, use position words to direct their actions such as “put the fork beside the plate”



At Home Ideas for Visual Impairment:

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- Read or listen to a story together. Let your child retell the story. Ask questions about the main characters, the setting, and what happened
 - Plant a garden! Talk about your actions, how things feel, the process of growing
 - Explore a variety of tactile objects talking about each one and how they feel
 - Explore a variety of items around the house – kitchen utensils, tools, appliances, etc. Talk about what they do and use them. This is a great way to build your child's vocabulary and foundation of experiences!
 - Let your child create their schedule for the day to increase self-determination skills. Include time to go outside and for movement
 - Find a fitness or dance video online and to it together. This will increase body awareness
 - Encourage your child to phone a friend or family member. This is a great way to practice using the phone
 - Enjoy your time together building your child's independence and self-determination skills!

At Home Ideas for Visual Impairment:

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- Set up a pretend store with items to be “purchased” (crackers, peanut butter, canned food, snacks, videos, books, toys, etc.). All items would have a price tag. Let your child use real coins to make their purchases to practice counting money. Then enjoy making the snack, watching the video, or read and play together with the book/toy.
 - Give your child a ruler or yardstick and a list of items to measure around the house. Using items from the list, have your child make up number sentences using greater than, less than or addition and subtraction. Braille rulers can be used if you have one.
 - Write or braille a letter to a friend, family member or teacher including artwork.
 - Take 3 items from the kitchen (such as a plastic bowl, a skillet and a glass baking dish) and flip them upside down on the table. Use a metal spoon and tap several times on the top of each one. Explain the sound and feel of each one. Now do the same with a wooden spoon and then a rubber spatula. Discuss your results and why you think it feels and sounds different. Older students can look up the definition of each material used in the dictionary.

Online Vision Resources:

Link:	Description:
https://stories.audible.com/start-listen	A variety of stories read aloud
https://www.youtube.com/watch?v=Ay7sArSOAV0&feature=youtu.be	CVI friendly stories read online
https://www.imdetermined.org/	Resource for parents on promoting self-determination
www.eyecanlearn.com	Visual motor activities
www.visuallearningcenter.com	Activities for working on vision skills at home
www.pathstoliteracy.org	Variety of activities and resources for students with visual impairments
https://mdelio.org/sites/default/files/documents/BVI/ECC/ILS/Checklists/ILS_Checklist_2018.pdf	Independent Living Skills Checklist



Online Vision Resources:

Link:	Description:
https://mdelio.org/sites/default/files/documents/BVI/ECC/ILS/Checklists/ILSGuideExitingElementarySchoolV1.4.pdf	Independent Living Skills guide for elementary school students
https://mdelio.org/sites/default/files/documents/BVI/ECC/ILS/Checklists/ILSGuideExitingMiddleSchoolV1.3.pdf	Independent Living Skills guide for middle school students
https://mdelio.org/sites/default/files/documents/BVI/ECC/ILS/Checklists/ILS_Guide_12th_Grade_V1.5.pdf	Independent Living Skills guide for high school students
www.youtube.com/user/StorylineOnline/videos	Stories read by professional actors
https://www.perkinselearning.org/technology/blog/virtual-instruction-om#/	Virtual orientation and mobility website



Online Vision Resources:

Link:	Description:
https://www.freedomscientific.com/	Free access for home computers through June 30, 2020 for JAWS, ZoomText, and Fusion
www.humanware.com	Video tutorials for vision devices
https://www.accessibyte.com/stay-safe	Makes accessible apps for user who are blind or visually impaired. Includes an online keyboarding program.
https://hadley.edu/InstructionalVideos/	Using vision accessibility features across tech tools and apps
https://www.loc.gov/nls/resources/blindness-and-vision-impairment/braille-information/braille-literacy-resources-learning-reading/	Braille literacy resources for learning and reading



Online Vision Resources:

Link:	Description:
https://docs.google.com/document/d/10F9riq6UM8tGHAwl_fQm73RuX_Cfcyc6bO9DzfllUg/edit?usp=sharing	Orientation and Mobility resource for older students
https://www.perkinselearning.org/technology/curriculum	Technology resource for visually impaired students

