



Speech Language Activities And Resources

KCS Speech/Language At Home Activities and Resources




Speech Production/Articulation :

- Take a “sound walk” around your house. Find things that have your child’s target sound and practice saying them. Make a list for practice later
- Cut pictures from old magazine or junk mail that have your child’s target sound and make a “sound book”
- Hide pictures or word cards that have your child’s target sound around the house. When your child finds one, practice saying it 5 times. If appropriate, make a sentence with the word
- Read a book together and look for words with your child’s target sound. Practice saying the words and repeat the word in a sentence
- Blow bubbles and work on the sounds /p/,/b/ and /m/ with words like “pop, up, big, bubbles, blow, more, my turn”
- Roll dice and have your child say their target sound or word that number of times
- Create a hopscotch with sidewalk chalk using speech sounds or words instead of numbers. Have your child say the sound or word as they jump on it
- Have your child find 5 items in their bedroom, in the kitchen, in the refrigerator, in the family room or outside that have their target sound. Practice saying the sound or word 3 times each
- Make up a silly song using your child’s target sound or replace words in a familiar song with a word with your child’s sound



Language Activities for Home:




Make a simple meal or snack together. Discuss the steps and order of events. Have your child retell the order back to you. Describe the food – what does it taste like? what temperature is it? what do you like about it? etc.


- For older students, set aside 10 minutes each day to sit down face to face and talk with your student. Work on a back and forth exchange by asking questions about a topic of interest for your child
- Let your child find two objects around the house. Describe the objects – what category do they belong to? what are they made of? where do they come from? what do we do with them? Compare and contrast the objects talking about how the objects are the same and how they are different
- READ, READ, READ – Reading together and talking about books is one of the best ways to build language skills!
- Play word games. For example, “I am thinking about something that you eat, is a fruit, and it’s red”. Encourage your child to take a turn and describe something and you guess the item
- See how many things you can name for a given category – animals, shapes, zoo animals, tools, vacation spots, etc.

Language Activities for Home:


When reading a book together:

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- a) Talk about the cover, the title, the author, the illustrator
 - b) Walk through the book first before reading. Talk about the pictures and text
 - c) Have your child show you a word, a period/exclamation point/question mark
 - d) Label the nouns in the book – Talk about what the child sees in the pictures
 - e) Look for action words and label the verbs - "What is she doing? She is riding."
 - f) Work on inferencing by asking your child "What do you think will happen next?"
 - g) Have your child talk about the setting of the book. Where did it take place? What time of year?
 - h) Have your child talk about the characters in the book. What were they like? Which one was the main character?
 - i) Have your child tell you if they liked or didn't like the book and why.


Fluency Activities for Home:

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- Reduce your rate of speech when talking with your child
 - Allow your child time to speak and complete their message. Maintain good eye contact with them to let them know you are listening and attending to their thoughts
 - During periods of disfluency, reduce the complexity of your questions. Instead of open ended questions such as “What did you do today?” as closed questions such as “Did you play on the swing or on the slide today?”
 - Restate your child’s disfluent message at a slower rate such as “So you liked the movie about sharks?” using a slow, steady and relaxed manner
 - Encourage your child to utilize their fluency strategies that they have learned at home
 - Talk with your child about times that are most challenging for them and times when they find fluent speech easiest
 - Explore famous people who were stutterers. Let you child pick one to learn more about
 - During times of more anxiety or stress, an increase of disfluency is expected. During this school closure, you may see more disfluent behaviors. Remember to model a relaxed manner and allow nice wait time for your student to communicate

Pragmatic/Social Skills Activities for Home:

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- When watching a television show together, pause and talk about how the characters are socially interacting. How far apart are they standing? Where are they looking? How are the characters reacting to each other?
 - With family, take turns making faces to match different emotions. Snap a photo on your phone and review later. Let your child make up a story to describe why a character might have that emotion
 - Play a board or card game together. This is a great way to practice turn taking, knowing how to lose appropriately, and taking the perspective of another person
 - Use emoji's from your phone or computer and let your child label the emotions. For older students, ask your child to give you a circumstance that might lead someone to feel that way
 - Role play various situations that your child might experience (i.e. going to a restaurant and ordering, getting a present they don't like from a family member, etc.). Practice how they might react and what they might say in that situation

AAC Activities for Home:

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- Make sure that your child's communication system is always available to him/her. It is his/her voice!
 - Let your child see their communication system being modeled and used by other people at home. Kids need to see what it looks like to use their communication system in real conversations in their environment
 - Build in activities throughout your day where your child will have the opportunity to use their system to communicate. Look for opportunities that occur naturally and frequently throughout the day.
 - Visit this site for videos of how to model and how to build opportunities into your day: <https://www.assistiveware.com/blog/language-opportunities-using-aac-home>
 - More ideas: <https://www.aacandautism.com/lamp/using-an-aac-device-at-home>
 - Honor your child's communication attempts and provide reinforcement when your child initiates an interaction
 - Play games and do activities that require your child to use their system to indicate a desire to take a turn or to ask for a needed item such as a certain color marker

Speech/Language Online Resources:

Link:	Description:
www.mommyspeechtherapy.com	Free speech/language resources
https://www.home-speech-home.com/speech-therapy-word-lists.html	Free resources for word lists and activities for speech
https://www.storylineonline.net/	Stories read aloud by famous people
https://www.stutteringtherapyresources.com/resources	Resources for parents on stuttering
https://www.stutteringhelp.org/kids	Stuttering resources for students and families
https://www.nwlsd.org/Downloads/Preschool%20SLP%20Home%20Ideas.pdf	Free resource for speech and language at home
http://www.angelfire.com/nj/speechlanguage/Onlineactivities.html	Speech and language activities and resources



Speech/Language Online Resources:

Link:	Description:
https://www.centervention.com/social-emotional-learning-activities/	Free social/emotional and communication resources
https://jillkuzma.wordpress.com/perspective-taking-skills/teaching-ideas/	Social and emotional skill sharing site
https://everydayspeech.com/parents-and-families/	Videos for social language skills
https://praacticalaac.org/toolbox/	AAC resources for students and families
https://www.assistiveware.com/learn-aac	AAC activities and resources



Speech/Language Online Resources:

Link:	Description:
https://tweenspeechtherapy.com/speech-therapy-websites-apps/	Speech/Language websites and apps
http://www.project-core.com/communication-systems/	Resource for printing communication boards
https://aaccommunity.net/category/free-printables/	Communication board resources
https://www.youtube.com/channel/UCD-evwtW7iGqUV-Xhdu75Ow	Videos for speech/language topics

