



Parent Resources

Grades K-5

Elementary Parent Resources Grades K - 5, April 2020

These activities can be done every day using the same or different materials.

ELA	<ol style="list-style-type: none">1. Create a simple daily schedule for your child - you could use pictures, words or even objects depending on your child's ability. It is not important that it be tied to a time. It could just be the order of things for the day. It could include all activities - those that look like traditional school as well as those that don't (for example math as well as bath)2. Schedule words and pictures can then become vocabulary for the week. Students can tell you what they are or point to the one you ask for or show a response to the things that are preferred or not preferred.3. Choose a short book, magazine, article on your electronic device of interest to your child. Let them read it out loud, read it together or read it to them. Ask questions about what you just read. Your child can answer verbally, on their communication device, by pointing or by using his or her mode of communication.
Math	<ol style="list-style-type: none">1. Simple counting activities - you can count anything and everything. You can count the number of chips you are having for snack, you can count the number of blocks you are using to build, etc. If your child counts independently - great. If not, you can count together or count out loud for them. Look for opportunities throughout the day for things that you can count. For example, when you are setting the table for dinner - counting forks or plates. When you are outside - count the number of times you toss a ball. Etc.2. Practice positional concepts. Tell your child to put something in, on, or under something. You can use all kinds of things you have around the house - put the car on the floor, put a plate in the dishwasher, put the toy in the bin, etc.
Science	<ol style="list-style-type: none">1. Go outside - have a scavenger hunt. Make a list of things found outside - pictures or words and have your child find those things2. Categories - have your child categorize a variety of things - animal vs plant, food vs toys, hot vs. cold. Again you can use visuals as necessary
Social Studies	<ol style="list-style-type: none">1. Have a calendar for your child. You can do a morning group every day. You can use visuals as necessary. You can talk about the month, the day/date, the weather, any "special" things planned that day etc.2. Communication- Every opportunity you have, you should be encouraging your child to communicate in whatever method they use. They could make choices all day long - what to eat, where to sit, what color of marker to use, etc. You could ask questions- what do you want? What do you see?

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| | <p>3. Play a game. Focus on taking turns, paying attention, following the rules, being a good sport and cleaning up. For some of your children this might involve partial participation - have them roll the dice, or spin the wheel, or be the bingo caller - for example</p> |
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Life Skill Strategies:

1. Have your child help with or make a simple snack. You can use pictures if you have some, a written to do list or verbal directions, let your child participate at their level, it could be just stirring or even making choices about the snack, or asking for more.
2. You can have your child help with chores around the house - sorting clothes, moving clothes from the washer to the dryer, matching socks, feeding the family pet, wiping the tables, picking up their toys, cleaning up after dinner, etc. Again your child can do the entire chore or only part of the chore - as appropriate

Behavior Strategies:

1. If your child is exhibiting behavior at home, try your best to not pay attention to inappropriate behaviors. Catch them exhibiting the behavior you want them to exhibit and reward, praise or reinforce it.
2. Make sure if you are using a tangible (favorite snack, toy or activity) that you use it only to reinforce desired behavior. You don't want to give it away for free. For example, if your child earns a specific toy for exhibiting desired behavior, then don't let them have it during a scheduled free play or down time (unless they have "earned" it) - if your child is earning a preferred edible, don't let them have it at snack time - etc.