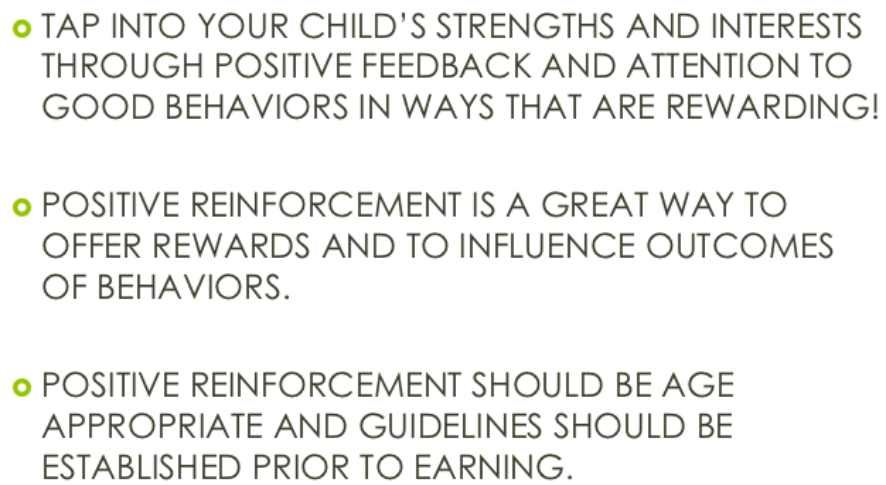




# **ASD Reinforcement Strategies**



# POSITIVE REINFORCEMENT

- 
- TAP INTO YOUR CHILD'S STRENGTHS AND INTERESTS THROUGH POSITIVE FEEDBACK AND ATTENTION TO GOOD BEHAVIORS IN WAYS THAT ARE REWARDING!
  - POSITIVE REINFORCEMENT IS A GREAT WAY TO OFFER REWARDS AND TO INFLUENCE OUTCOMES OF BEHAVIORS.
  - POSITIVE REINFORCEMENT SHOULD BE AGE APPROPRIATE AND GUIDELINES SHOULD BE ESTABLISHED PRIOR TO EARNING.

## EARLY CHILDHOOD/ELEMENTARY IDEAS FOR POSITIVE REINFORCEMENT:

- DESIRED TOYS/OBJECTS (PREFERRED TOY-TRAIN,ETC)
- VERBAL PRAISE (AWESOME LISTENING AND FOLLOWING MY DIRECTION)
- SPECIAL TREATS (FAVORITE SNACK ITEM)
- FREE-TIME (SET A TIMER)
- SPECIFIC ACTIVITIES (WATCH A FAVORITE MOVIE, TAKE A WALK, ETC.)
- CHILD'S CHOICE
- POSITIVE ATTENTION (HUGS, KISSES)



## MIDDLE/HIGH SCHOOL IDEAS FOR POSITIVE REINFORCEMENT

- DESIRED OBJECT/ITEM (POKEMON CARD, IPAD)
- VERBAL PRAISE (GOOD JOB FOR DOING WHAT I ASKED)
- FAVORITE FOOD, SNACK
- FREE-TIME OR EXTENDED DOWN TIME (USE A TIMER)
- PREFERRED ACTIVITY/SPECIAL PRIVILEGES (STAY UP 15 MINUTES LATER)
- PERSONAL CHOICE
- POSITIVE ATTENTION (SIT AND LISTEN TO HIS/HER PREFERRED TOPIC)

## ADDITIONAL POSITIVE REINFORCEMENT/BEHAVIOR INFORMATION

- POSITIVEPSYCHOLOGY.COM-PARENTING CHILDREN WITH POSITIVE REINFORCEMENT (EXAMPLES AND CHARTS)
- EXAMPLES.YOURDICTIONARY.COM
- CHILDMIND INSTITUTE BEHAVIOR CONCERNS (GENERAL)  
<https://childmind.org/topics/concerns/behavior/>
- TOKEN BOARD/ECONOMY  
<http://www.educateautism.com/token-economy.html>