

Preschool Breakfast Menu, September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	All meals include a choice of a ½ pint of milk: White Skim or White 1% Fresh fruit and juice offered daily	Schools that participate in the Breakfast in the Classroom program may use WG Belly Bears in lieu of WG Toast WG = Whole Grain Equivalent		
September 2 nd	September 3 rd	September 4 th	September 5 th	September 6 th
Student Holiday 	<u>Choose one</u> WG Sausage Biscuit(23) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Biscuit & Gravy(28) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG French Toast Sticks(40) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Chicken Biscuit(29) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice
September 9 th	September 10 th	September 11 th	September 12 th	September 13 th
<u>Choose one</u> WG Mini Blueberry Waffles(30) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Sausage Biscuit(23) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Biscuit & Gravy(28) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> Manager's Choice or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Chicken Biscuit(29) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice
September 16 th	September 17 th	September 18 th	September 19 th	September 20 th
<u>Choose one</u> Eggo Confetti Pancakes(36) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Sausage Biscuit(23) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Biscuit & Gravy(28) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG French Toast Sticks(40) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Chicken Biscuit(29) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice
September 23 rd	September 24 th	September 25 th	September 26 th	September 27 th
<u>Choose one</u> WG Mini Blueberry Waffles(30) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Sausage Biscuit(23) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Biscuit & Gravy(28) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> 2 WG Buttermilk Waffles(32) w/ or w/o syrup(33) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice	<u>Choose one</u> WG Chicken Biscuit(29) or WG Post Cereal(14-27) with WG Toast(13) Milk, Fruit, Juice Choice

September 30 th				
<p>Choose one Eggo Confetti Pancakes(36) or WG Post Cereal(14-27) with WG Toast(13)</p> <p>Milk, Fruit, Juice Choice</p>				