

Breakfast in the Classroom Menu, September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;"><u>Mayfield Milk Choices:</u></p> <p style="text-align: center;">White Skim (13) White 1% (13) Fat Free Chocolate(20) Vanilla(19) & Strawberry(19) (No High Fructose Corn Syrup)</p>	<p style="text-align: center;">WG = Whole Grain Equivalent</p> <p style="text-align: center;">Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p>	<p style="text-align: center;">Approximate grams of Carbohydrates per servings is shown in parenthesis</p> <p style="text-align: center;">WG Cereal (14-27) WG Belly Bears (21)</p>	
September 2 nd	September 3 rd	September 4 th	September 5 th	September 6 th
<p style="text-align: center;">Student Holiday</p> <p style="text-align: center;">  </p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">Eggo Confetti Pancakes(36) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">French Toast Sticks(40) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>
September 9 th	September 10 th	September 11 th	September 12 th	September 13 th
<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Mini Blueberry Waffles(30) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Cinnamon Roll(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Breakfast Bun(48) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>
September 16 th	September 17 th	September 18 th	September 19 th	September 20 th
<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">Eggo Confetti Pancakes(36) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Cinnamon Roll(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>
September 23 rd	September 24 th	September 25 th	September 26 th	September 27 th
<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Mini Blueberry Waffles(30) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">French Toast Sticks(40) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Breakfast Bun(48) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>	<p style="text-align: center;"><u>Choose one</u></p> <p style="text-align: center;">WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p style="text-align: center;">Milk, Fruit, Juice Choice</p>

September 30 th				
<p>Choose one Eggo Confetti Pancakes(36) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears (ES)</p> <p>Milk, Fruit, Juice Choice</p>				