

May 2022 Breakfast Menu – All Levels

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Mayfield Milk Choices:</u></p> <p>White Skim (13) White 1% (13) Fat Free Chocolate(20) (No High Fructose Corn Syrup)</p>		<p>WG = Whole Grain Equivalent</p> <p>Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p>	<p>Approximate grams of Carbohydrates per servings is shown in parenthesis</p> <p>WG Cereal (14-27) WG Post Cereal (14-27) Preschool WG Belly Bears (21)</p>
May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
<p><u>Choose one</u></p> <p>Wild Blueberry Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><i>Student Holiday</i></p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Biscuit & Gravy(28) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
<p><u>Choose one</u></p> <p>WG Mini Breakfast Clusters(38) - Ele/Middle/High WG French Toast Sticks(37) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Wild Blueberry Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Breakfast Pizza(27) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
<p><u>Choose one</u></p> <p>Sweet Cinnamon Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG French Toast Sticks(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><i>Manager's Choice</i></p>	<p><i>Manager's Choice</i></p>
May 23 rd	May 24 th	May 25 th		
<p><i>Manager's Choice</i></p>	<p><i>Manager's Choice</i></p>	<p><i>½ Day for Students</i></p>		