

Preschool & Elementary Lunch Menu – February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily. Sandwich Trimmings (4) offered with all sandwich choices	Approximate grams of Carbohydrates per serving is shown in parenthesis Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)			
			February 1st	February 2nd
			<u>Choose 1 Entrée</u> Nick's BBQ Sandwich (2) on WG Bun (27) Bone-In Chicken (11) w/ WG Biscuit (27) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Curly Fries (25) Bush's Baked Beans (30) Garden Salad (2) Veggie Nibbles (5) <u>Dessert</u> Chocolate Chip or Sugar Cookie (18)	<u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Crunchy Fish Sticks (22) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Oven Baked Fries (14) Green Beans (4) Garden Salad (2) Baby Carrots (5)
February 5th	February 6th	February 7th	February 8th	February 9th
<u>Choose 1 Entrée</u> Big Daddy's Cheese or Pepperoni Pizza (42) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Green Peas (11) Caesar Salad (5) Baby Carrots (5)	<u>Choose 1 Entrée</u> 2 WG Max Cheese Sticks (32) w/ ¼ cup Marinara Dipping Sauce (3) Crispy Chicken (9) Sandwich on WG Bun (30) Southwest Chicken Salad (22) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Waffle Fries (26) Green Beans (4) Caesar Salad (5) Veggie Nibbles (5)	<u>Choose 1 Entrée</u> Teriyaki Chicken (10) Fried Rice Bowl (54) Homemade Grilled Cheese (36) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Sweet Yellow Corn (15) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)	<u>Choose 1 Entrée</u> Cheesy Chicken Nachos (32) Mini Chef w/ Turkey (4) w/ WG Roll (32) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Bush's Black Beans (30) Garden Salad (2) Veggie Nibbles (5) <u>Dessert</u> Strawberry & Lime Winter Frozen Treat (20)	<u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) Hot Dog w/or w/o chili and cheese (13) on WG Bun (26) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)

February 12 th	February 13 th	February 14 th	February 15 th	February 16 th
<u>Choose 1 Entrée</u> Stuffed Crust Cheese or Pepperoni Pizza (31) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)	<u>Choose 1 Entrée</u> Bone-In Chicken (11) w/ WG Biscuit (27) Ham & Cheese (2) on WG Bun (27) w/ RF Doritos (20) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Green Beans (4) Garden Salad (2) Veggie Nibbles (5)	<u>Choose 1 Entrée</u> 4 Wild Mike Cheese Bites (28) Crispy Chicken (9) Sandwich on WG Bun (30) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Tater Tots (19) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)	<u>Choose 1 Entrée</u> Spaghetti (42) w/ or w/o Meat Sauce (10) & WG Roll (32) Corn Dog (30) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Curly Fries (25) California Blend Mixed Vegetables (5) Caesar Salad (5) Baby Carrots (5) <u>Dessert</u> Chocolate Chip or Sugar Cookie (18)	<u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Crunchy Fish Sticks (22) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2) Veggie Nibbles (5)
February 19 th	February 20 th	February 21 st	February 22 nd	February 23 rd
<i>Manager's Choice</i>	<u>Choose 1 Entrée</u> Nardone's Cheese or Pepperoni Pizza (28) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)	<u>Choose 1 Entrée</u> 6 Chicken & Vegetable Dumplings (31) Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Tater Tots (19) California Blend Mixed Vegetables (5) Garden Salad (2) Veggie Nibbles (5)	<u>Choose 1 Entrée</u> Breaded Chicken Parmesan w/ WG Roll (32) Mini Corn Dog Nuggets (32) Mini Chef w/ Turkey (4) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Curly Fries (25) Glazed Carrots (15) Caesar Salad (5) Veggie Nibbles (5) <u>Dessert</u> Chocolate Chip or Sugar Cookie (18)	<u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Regular or Spicy Chicken Tenders (6) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)
February 26 th	February 27 th	February 28 th	February 29 th	
<u>Choose 1 Entrée</u> Big Daddy's Cheese or Pepperoni Pizza (42) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)	<u>Choose 1 Entrée</u> French Toast Sticks (37) w/ Sausage (2) Homemade Grilled Cheese (34) WG Uncrustable PBJ (35) w/ Cheez-Its (14) & Cheese stick (2) <u>Side Item</u> Crispy Hashbrowns (31) Caesar Salad (5) Veggie Nibbles (5)	<u>Choose 1 Entrée</u> Pepper Jack Enchiladas (18) Corn Dog (30) Mini Chef w/ Ham (4) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Bush's Black Beans (30) California Blend Mixed Vegetables (5) Garden Salad (2) Baby Carrots (5)	<u>Choose 1 Entrée</u> WG RF Fritos (16) Chips, Chili & Cheese (26) Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Green Beans (4) Garden Salad (2) Veggie Nibbles (5) <u>Dessert</u> Chocolate Chip or Sugar Cookie (18)	