



February 2022 Breakfast Menu – All Levels

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Mayfield Milk Choices:</u></p> <p>White Skim (13) White 1% (13) Fat Free Chocolate(20) (No High Fructose Corn Syrup)</p>		<p>WG = Whole Grain Equivalent</p> <p>Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p>	<p>Approximate grams of Carbohydrates per servings is shown in parenthesis</p> <p>WG Cereal (14-27) WG Post Cereal (14-27) Preschool WG Belly Bears (21)</p>
February 1 st	February 2 nd	February 3 rd	February 4 th	
<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Sweet Cinnamon Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Biscuit & Gravy(28) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	
February 7 th	February 8 th	February 9 th	February 10 th	February 11 th
<p><u>Choose one</u></p> <p>WG Mini Breakfast Clusters(38) - Ele/Middle/High WG Chicken Biscuit(29) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Buttery Maple Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Breakfast Pizza(27) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
February 14 th	February 15 th	February 16 th	February 17 th	February 18 th
<p><u>Choose one</u></p> <p>WG French Toast Sticks(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Wild Blueberry Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Biscuit & Gravy(28) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>

February 21 st	February 22 nd	February 23 rd	February 24 th	February 25 th
<p><i>Student Holiday</i></p>	<p>Choose one WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p>Choose one Sweet Cinnamon Snack n' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p>Choose one Breakfast Pizza(27) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p>Choose one WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
February 28th				
<p>Choose one WG Mini Breakfast Clusters(38) - Ele/Middle/High WG Chicken Biscuit(29) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>				