








Preschool & Elementary Lunch Menu – December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>RF= Reduced Fat V = Vegetarian Option WG = Whole Grain</p> <p>Uncrustable PBJ or Soy Butter Uncrustable w/ WG Cheez-Its & Cheese Stick Offered Daily</p>		<p>KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily.</p> <p>Sandwich Trimmings(4) offered with all sandwich choices</p>	<p>Approximate grams of Carbohydrates per serving is shown in parenthesis</p> <p>Mayfield Milk Choices - 1/2 pint serving White Skim(13) While 1%(13) Fat Free Chocolate(20)</p>
		December 1st	December 2nd	December 3rd
		<p>Choose 1 Entrée French Toast Sticks(40) w/1 Sausage Patties(1.6)</p> <p>Turkey & Cheese(2) on WG Bun(29) w/ RF Doritos(19)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)</p> <p>Side Item Crispy Hashbrowns(19) Garden Salad(2) Baby Carrots (5)</p>	<p>Choose 1 Entrée Nick's BBQ Sandwich(2) on WG Bun(29)</p> <p>Mini Corn Dog Nuggets(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Side Item Green Beans(4) Garden Salad(2) Veggie Nibbles(7)</p> <p>Dessert Chocolate Chip or Sugar Cookie(18)</p>	<p>Choose 1 Entrée Charbroiled Hamburger(1) or Cheeseburger(5) on WG Bun(29)</p> <p>Grilled Chicken Salad(1) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Side Item Oven Baked Fries(17) Caesar Salad(7) Baby Carrots(5)</p>
December 6th	December 7th	December 8th	December 9th	December 10th
<p>Choose 1 Entrée Wild Mike's Cheese or Pepperoni Pizza(34)</p> <p>5 WG Chicken Nuggets(16) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)</p> <p>Side Item Sweet Yellow Corn(8) Garden Salad(2) Baby Carrotst5)</p>	<p>Choose 1 Entrée Crispy Chicken(15) Sandwich on WG Bun(29) w/ RF Doritos(19)</p> <p>Mini Chef w/ Turkey(4) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)</p> <p>Side Item Tater Tots(18) Garden Salad(2) Veggie Nibbles(7)</p>	<p>Choose 1 Entrée 4 Wild Mike's Cheese Bites(28)</p> <p>Ham & Cheese(2) on WG Bun(29) w/ RF Doritos(19)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Side Item Waffle Fries(23) Caesar Salad(7) Baby Carrots(5)</p>	<p>Choose 1 Entrée Spaghetti(42) w/ or w/o Meat Sauce(11) & WG Roll (32)</p> <p>Cheese or Pepperoni Pizza (30)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Sides Green Beans(4) Caesar Salad(7) _Veggie Nibbles(7)</p> <p>Dessert Chocolate Chip or Sugar Cookie(18)</p>	<p>Choose 1 Entrée Charbroiled Hamburger(1) or Cheeseburger(5) on WG Bun(29)</p> <p>Grilled Chicken Salad(1) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Side Item Bush's Baked Beans(29) Caesar Salad(7) Baby Carrots(5)</p>

December 13 th	December 14 th	December 15 th	December 16 th	December 17 th
<p>Choose 1 Entrée Stuffed Crust Cheese or Pepperoni Pizza(31)</p> <p>5 WG Chicken Nuggets(16) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)</p> <p>Side Item Curly Fries(25) Garden Salad(2) Baby Carrots(5)</p>	<p>Choose 1 Entrée 3 WG Max Cheese Sticks(48) w/ ¼ cup Marinara Dipping Sauce(3)</p> <p>Mini Chef w/ Ham(4) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)</p> <p>Side Item Tater Tots(18) Garden Salad(2) Veggie Nibbles(7)</p>	<p><i>Manager's Choice</i></p>	<p><i>Manager's Choice</i></p>	<p><i>½ Day for Students</i></p>
December 20 th	December 21 st	December 22 nd	December 23 rd	December 24 th
				
December 27 th	December 28 th	December 29 th	December 30 th	December 31 st
