


December 2021 Breakfast Menu – All Levels

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Mayfield Milk Choices:</u></p> <p>White Skim (13) White 1% (13) Fat Free Chocolate(20) (No High Fructose Corn Syrup)</p>		<p>WG = Whole Grain Equivalent</p> <p>Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p>	<p>Approximate grams of Carbohydrates per servings is shown in parenthesis</p> <p>WG Cereal (14-27) WG Post Cereal (14-27) Preschool WG Belly Bears (21)</p>
		December 1st	December 2nd	December 3rd
		<p><u>Choose one</u></p> <p>Mini Cinnamon Roll Bites(40) Buttery Maple Snack N' Waffle(37) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Biscuit & Gravy(33) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
December 6th	December 7th	December 8th	December 9th	December 10th
<p><u>Choose one</u></p> <p>WG Mini Breakfast Clusters(38) - Ele/Middle/High WG Chicken Biscuit(29) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Wild Blueberry Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Breakfast Pizza(27) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Chicken Biscuit(29) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>
December 13th	December 14th	December 15th	December 16th	December 17th
<p><u>Choose one</u></p> <p>Mini Cinnamon Roll Bites(40) WG French Toast Sticks(37) - Preschool or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>WG Sausage Biscuit(23) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><u>Choose one</u></p> <p>Sweet Cinnamon Snack N' Waffle(37) or WG Cereal, 2 oz. (MS/HS) WG Cereal w/Belly Bears</p> <p>Milk, Fruit, Juice Choice</p>	<p><i>Manager's Choice</i></p>	<p><i>½ Day for Students</i></p>

December 20 th	December 21 st	December 22 nd	December 23 rd	December 24 th
<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>
December 27 th	December 28 th	December 29 th	December 30 th	December 31 st
<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>	<i>Winter Holiday</i>