



# Preschool & Elementary Lunch Menu – April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	RF= Reduced Fat V = Vegetarian Option WG = Whole Grain  <span style="background-color: yellow;">Uncrustable PBJ or Soy Butter                      Uncrustable w/ WG                      Cheez-Its &amp; Cheese Stick Offered                      Monday, Wednesday and Friday</span>		KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily.  Sandwich Trimmings(4) offered with all sandwich choices	Approximate grams of Carbohydrates per serving is shown in parenthesis  Mayfield Milk Choices - 1/2 pint serving White Skim(13) While 1%(13) Fat Free Chocolate(20)
				<b>April 1<sup>st</sup></b>
				<u><b>Choose 1 Entrée</b></u> Charbroiled Hamburger(1) or Cheeseburger(5) on WG Bun(29)  WG Crunchy Fish Sticks(29) w/ WG Roll(32)  WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese Stick(2)  <u><b>Side Item</b></u> Oven Baked Fries(17) Caesar Salad(7) Baby Carrots(5)
<b>April 4<sup>th</sup></b>	<b>April 5<sup>th</sup></b>	<b>April 6<sup>th</sup></b>	<b>April 7<sup>th</sup></b>	<b>April 8<sup>th</sup></b>
<u><b>Choose 1 Entrée</b></u> Big Daddys’ Cheese or Pepperoni Pizza (43)  5 WG Chicken Nuggets(16) w/ WG Roll(32)  WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)  <u><b>Side Item</b></u> Sweet Yellow Corn (7) Garden Salad(2) Baby Carrots(5)	<u><b>Choose 1 Entrée</b></u> Hot Dog w/or w/o chili and cheese(3.3) on WG Bun(31)  Cheese or Pepperoni Pizza(30)  Mini Chef w/ Turkey (4) w/ WG Roll (32)  <u><b>Side Item</b></u> Bush’s Baked Beans(29) Garden Salad(2) Veggie Nibbles(7)	<u><b>Choose 1 Entrée</b></u> Chicken(15) & Waffle(32) Sandwich  Mini Chef w/ Turkey (4) w/ WG Roll (32) WG Uncrustable PBJ(35) w/ Cheez-Its(14) & Cheese stick(2)  <u><b>Side Item</b></u> Waffle Fries(23) Garden Salad(2) Baby Carrots(5)	<u><b>Choose 1 Entrée</b></u> 4 Wild Mike’s Cheese Bites(28)  Turkey & Cheese (2) on WG Bun (29) w/ RF Doritos (19)  Grilled Chicken(1) Salad w/ WG Roll(32)  <u><b>Side Item</b></u> Fresh Steamed Broccoli w/ Cheese Sauce(5) Caesar Salad(7) Veggie Nibbles(7)  <u><b>Dessert</b></u> Chocolate Chip or Sugar Cookie(18)	<u><b>Choose 1 Entrée</b></u> Manager’s Choice  3 WG Chicken Tenders (16) w/ WG Roll (32)  WG Uncrustable PBJ (35) w/ Cheez-Its (14) & Cheese Stick (2)  <u><b>Side Item</b></u> Curly Fries(25) Caesar Salad(7) Baby Carrots(5)

April 11 <sup>th</sup>	April 12 <sup>th</sup>	April 13 <sup>th</sup>	April 14 <sup>th</sup>	April 15 <sup>th</sup>
<p><b>Choose 1 Entrée</b> Wild Mike's Cheese or Pepperoni Pizza (30)</p> <p>5 WG Chicken Nuggets(16) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p><b>Side Item</b> Mashed Potatoes(17) w/ gravy or w/o Garden Salad(2) Baby Carrots(5)</p>	<p><b>Choose 1 Entrée</b> Mini Corn Dog Nuggets (32)</p> <p>Cheese or Pepperoni Pizza(30)</p> <p>Grilled Chicken(1) Salad w/ WG Roll(32)</p> <p><b>Side Item</b> Green Beans(4) Garden Salad(2) Veggie Nibbles(7)</p>	<p><b>Choose 1 Entrée</b> Cheesy Chicken Nachos(41)</p> <p>Ham &amp; Cheese(2) on WG Bun(29) w/ RF Doritos(19)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p><b>Side Item</b> Sweet Yellow Corn(8) Caesar Salad(7) Baby Carrots(5)</p>	<p><b>Choose 1 Entrée</b> WG Crunchy Fish Sticks (29) w/ WG Roll (32)</p> <p>3 WG Chicken Tenders (16) w/ WG Roll (32)</p> <p>Mini Chef w/ Turkey(4) w/ WG Roll(32)</p> <p><b>Side Item</b> Tater Tots(17) Caesar Salad(7) Veggie Nibbles(7)</p> <p><b>Dessert</b> Chocolate Chip or Sugar Cookie(18)</p>	<p><i>Student Holiday</i></p>
April 18 <sup>th</sup>	April 19 <sup>th</sup>	April 20 <sup>th</sup>	April 21 <sup>st</sup>	April 22 <sup>nd</sup>
<p><i>Student Holiday</i></p>	<p><b>Choose 1 Entrée</b> Cheese or Pepperoni Pizza(31)</p> <p>5 WG Chicken Nuggets(16) w/ WG Roll(32)</p> <p>Mini Chef w/ Ham(4) w/ WG Roll(32)</p> <p><b>Side Item</b> Sweet Yellow Corn(8) Caesar Salad(7) Baby Carrots(5)</p>	<p><b>Choose 1 Entrée</b> French Toast Sticks(40) w/ Sausage (1.6)</p> <p>Grilled Chicken (1) Salad w/ WG Roll (32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p><b>Side Item</b> Crispy Hashbrowns(19) Caesar Salad(7) Veggie Nibbles(7)</p>	<p><b>Choose 1 Entrée</b> Crispy Chicken(15) Sandwich on WG Bun(29) w/ RF Doritos(19)</p> <p>Mini Corn Dog Nuggets(32)</p> <p>Mini Chef w/ Turkey(4) w/ WG Roll(32)</p> <p><b>Side Item</b> Waffle Fries(23) Garden Salad(5) Baby Carrots(5)</p> <p><b>Dessert</b> Chocolate Chip or Sugar Cookie(18)</p>	<p><b>Choose 1 Entrée</b> 3 WG Chicken Tenders (16) w/ WG Roll (32)</p> <p>Cheese or Pepperoni Pizza(30)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese Stick(2)</p> <p><b>Side Item</b> Green Beans (4) Garden Salad(5) Veggie Nibbles(7)</p>
April 25 <sup>th</sup>	April 26 <sup>th</sup>	April 27 <sup>th</sup>	April 28 <sup>th</sup>	April 29 <sup>th</sup>
<p><b>Choose 1 Entrée</b> Big Daddy's Cheese or Pepperoni Pizza (43)</p> <p>5 WG Chicken Nuggets(16) w/ WG Roll(32)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p><b>Side Item</b> Mashed Potatoes(17) w/ gravy or w/o Garden Salad(2) Baby Carrots(5)</p>	<p><b>Choose 1 Entrée</b> Spaghetti (42) w/ or w/o Meat Sauce (11) &amp; WG Roll (32)</p> <p>Homemade Grilled Cheese (32)</p> <p>Grilled Chicken(1) Salad w/ WG Roll(32)</p> <p><b>Side Item</b> Green Beans(4) Garden Salad(5) Veggie Nibbles(7)</p>	<p><b>Choose 1 Entrée</b> Nick's BBQ Sandwich(2) on WG Bun(29)</p> <p>Cheese or Pepperoni Pizza(30)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p>Also available Homemade Macaroni &amp; Cheese(24)</p> <p><b>Side Item</b> Sweet Yellow Corn(8) Garden Salad(2) Baby Carrots(5)</p>	<p><b>Choose 1 Entrée</b> 3 WG Chicken Tenders (16) w/ WG Roll (32)</p> <p>Turkey &amp; Cheese (2) on WG Bun (29) w/ RF Doritos</p> <p>Mini Chef w/ Turkey (4) w/ WG Roll (32)</p> <p><b>Side Item</b> Fresh Steamed Broccoli w/ Cheese Sauce(5) Caesar Salad(7) Veggie Nibbles(7)</p> <p><b>Dessert</b> Chocolate Chip or Sugar Cookie (18)</p>	<p><b>Choose 1 Entrée</b> Crispy Chicken (15) Sandwich on WG Bun (29) w/ RF Doritos (19)</p> <p>Cheese or Pepperoni Pizza (30)</p> <p>WG Uncrustable PBJ(35) w/ Cheez-Its(14) &amp; Cheese stick(2)</p> <p><b>Side Item</b> Curly Fries(25) Caesar Salad(7) Baby Carrots(5)</p>