



# Breakfast Menu, August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b><u>Mayfield Milk Choices:</u></b></p> <p>White Skim (13)                      White 1% (13)                      Fat Free Chocolate(20) Vanilla(19) &amp;                      Strawberry(19)                      (No High Fructose Corn Syrup)</p>		<p>WG = Whole Grain Equivalent</p> <p>Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p>	<p>Approximate grams of Carbohydrates per servings is shown in parenthesis</p> <p>WG Cereal (14-27)                      WG Post Cereal (14-27) Preschool                      WG Toast (13) or WG Belly Bears (21)</p>
August 17 <sup>th</sup>	August 18 <sup>th</sup>	August 19 <sup>th</sup>	August 20 <sup>th</sup>	August 21 <sup>st</sup>
<p>Half Day for Students</p> <div style="text-align: center;">  </div>	<p><b><u>Choose one</u></b></p> <p>WG Mini Breakfast Clusters(38) - Ele/Middle/High                      WG French Toast Sticks(37) - Preschool</p> <p style="text-align: center;">or</p> <p>WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>WG Sausage Biscuit(23)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>Twisted Blueberry Stick(24)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>WG Chicken Biscuit(29)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>
August 24 <sup>th</sup>	August 25 <sup>th</sup>	August 26 <sup>th</sup>	August 27 <sup>th</sup>	August 28 <sup>th</sup>
<p><b><u>Choose one</u></b></p> <p>Buttery Maple Snack N' Waffle(37)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>WG Sausage Biscuit(23)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>WG Apple Cinnamon French Toast(45) – Ele/Middle/High                      WG French Toast Sticks(37) - Preschool</p> <p style="text-align: center;">or</p> <p>WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>Breakfast Pizza(27)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>	<p><b><u>Choose one</u></b></p> <p>WG Chicken Biscuit(29)                      or                      WG Cereal, 2 oz. (MS/HS)                      WG Cereal w/Toast (ES)</p> <p>Milk, Fruit, Juice Choice</p>