



From Nurse Shannon- Tips about Flu and Cold Season

Cold and flu season are quickly approaching. The flu is caused by the influenza virus and is highly contagious. It is spread mainly by coughing, sneezing and close contact with others. Symptoms vary by age, but can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue vomiting and diarrhea.

The Knox County Health Department will administer the flu mist to students whose parents have signed a permission form on **Monday, November 11th** at Norwood. If you have any questions about the flu mist, please contact Nurse Shannon at 689-1460 and she will be happy to help you.

Norwood
Elementary
School

Congratulations to our Top Sellers for Coupon Book Sales

- 1st Place:** Allory Kelly
- 2nd Place:** Arthur Johnson
- 3rd Place:** Desiree Creswell and Leah Gibson

-Britton Sherwood-winner of a telescope-

IMPORTANT INFO

Upcoming Events

- 5th:** End of first nine week grading period
- 7th-11th:** Fall Break
- 18th:** Report cards go home
- 24th:** 2nd grade field trip
- 25th:** Honors Assembly
- 28th:** Kindergarten field trip
- 28th-Nov. 1st:** Spirit Week

