

Is it Bullying? What is It?



<p style="text-align: center;">TEASING</p> <ul style="list-style-type: none">• Everyone is having fun• No one is getting hurt• Everyone is participating equally	<p style="text-align: center;">CONFLICT</p> <ul style="list-style-type: none">• No one is having fun• There is a possible solution to the disagreement• Equal balance of power
<p style="text-align: center;">MEAN MOMENT</p> <ul style="list-style-type: none">• Someone is being hurt on purpose• Reaction to a strong feeling or emotion• An isolated event (does not happen regularly)	<p style="text-align: center;">BULLYING</p> <ul style="list-style-type: none">• Attacked physically, socially, and/or emotionally• Unequal balance of power• Happens more than once over a period of time• Someone is being hurt on purpose