



## Counselor's Corner

### March 1, 2018

### Did you know...

Fortunately, school shootings are preventable crimes. Juvenile shooters usually plan their crimes for months in advance rather than acting impulsively. This gives us hope of being able to spot these children and intervene before violence occurs. A strategy to prevent students from lashing out with harmful behavior is to notice changes in behavior and ask them what is going on. Statistics show that if students have a positive relationship with one adult in a school building, they are less likely to engage in at-risk behavior. Be aware of sudden behavior changes such as: social withdrawal, sullen/angry behavior (also a sign of depression), dropping grades etc. Restorative circles in the classroom are great for community building.



### Violence in Schools



We are all fearful of and saddened by school shootings. According to statistics this trend seems to be on the rise. The facts about School shootings are concerning:

- About 1800 teens are involved in violent acts each year, roughly 5 homicides/day.
- The most common reason for school shootings is revenge on those who are perceived as having wronged the shooter, along with a desire for attention.
- Best predictor of violence in adults is past history of violence but most juvenile shooters have no history of violence.
- Mental illness is associated with juvenile homicide in 10 to 20% of cases.
- In most cases, peers knew of the plan for a shooting and adults noticed a change in student behavior that concerned them.



### Related websites/sources:

[Why Teens Kill Seminar by Phil Chalmers](#)

[Teenviolencestatistics.com](http://Teenviolencestatistics.com)

