



Counselor's Corner

February 1, 2018

Did you know...

Some warning signs of sexual abuse can be shrinking away from physical contact, regressive behaviors (thumb sucking, baby talk etc.), change of hygiene routines, sleep disturbances or nightmares. You may notice verbal changes such as being less talkative, using phrases/words seeming too adult-like.



Child Sexual Abuse



Unfortunately, we all need to be aware of the on-going problem of child sexual abuse. According to research by the CDC, 1 in 6 boys and 1 in 4 girls are sexually abused before age 18. The facts about child sexual abuse:

- As many as 93% of victims under 18 know their abuser.
- The abuser may use their position of power to intimidate the child into not reporting.
- Abusers often use threats to prevent the child from reporting the abuse.
- Children are frequently afraid to tell adults about the abuse for fear they are at fault.
- Are not taught how to deal with abuse if it happens to them.



Related websites/sources:

www.rainn.org

www.nsopw.gov

