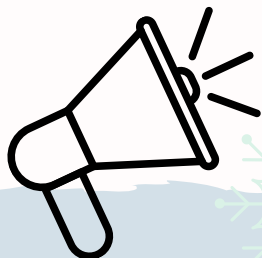


QUARTER 3 NEWSLETTER: JANUARY 4 - MARCH 11, 2022

HMS COUNSELING DEPARTMENT

Taylor Branson - 6th Grade | Hannah Roberts - 7th Grade | Anjelica Nichols - 8th Grade



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@HOLSTONMIDDLE



HOLSTON PRIORITY 2021-2022:
INSTALLING EMPATHY AND
ACCOUNTABILITY FOR
OTHERS' FEELINGS

*Let's stop
waiting for a
BETTER WORLD.
Let's start
working on it.
TOGETHER.*

In this
newsletter...

EMPATHY

ASPEN
AND CANVAS
PARENT INFO

WHAT'S HAPPENING
IN YOUR STUDENT'S
GRADE LEVEL

Empathy

EMPATHY IS THE ABILITY TO UNDERSTAND AND SHARE THE FEELINGS OF ANOTHER.

CAN YOU TEACH EMPATHY? YES. BUT TEACHING EMPATHY DEPENDS ON MORE THAN BEING A GOOD ROLE MODEL. IT DEPENDS ON MORE THAN ASSIGNING KIDS A FEW EDUCATIONAL ACTIVITIES. WE NEED TO UNDERSTAND THE PSYCHOLOGY OF EMPATHY, AND THE BASIC SKILLS THAT STUDENTS NEED TO SHARE EMOTIONS, READ MINDS, AND OFFER HELP.

THE WORD, "EMPATHY" HAS BECOME A CATCH ALL TERM FOR AT LEAST THREE DISTINCT PROCESSES:

- FEELINGS ANOTHER INDIVIDUAL'S EMOTIONS
- REASONING ABOUT ANOTHER PERSON'S PERSPECTIVE
- WANTING TO HELP - FEELING SYMPATHY FOR SOMEONE WHO IS VULNERABLE OR DISTRESSED.

LEARN MORE HERE!

SCAN ME



ASPEN AND CANVAS PARENT INFO

AS WE BEGIN A NEW SEMESTER, IT IS IMPORTANT THAT YOU ARE HELPING YOUR STUDENT BY KEEPING UP WITH WHAT THEY'RE DOING AT SCHOOL VIA ASPEN AND CANVAS.

LEARN MORE ABOUT HOW TO USE ASPEN AND CANVAS VIA THE QR CODES!

ASPEN HELP OR



SCAN ME

LEARN MORE
HERE!

CANVAS HELP OR

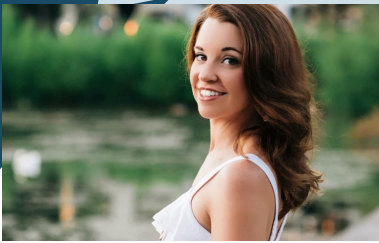


SCAN ME

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- LESSONS
 - Q3 ERIN'S LAW PART 2
 - PERSONAL POWER
- EMPATHY!
 - WORKING ON THIS SCHOOL WIDE.
- ACADEMIC SMALL GROUPS
 - TEST TAKING SKILLS/ ORGANIZATIONAL SKILLS / KEEPING UP WITH ASSIGNMENTS / PLANNING



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- LESSONS
 - Q3 ERIN'S LAW PART 2
 - A.C.T - ABUSE, DISCLOSURE, & GETTING HELP
- SELF REGULATION SMALL GROUPS
- EMPATHY
 - A SCHOOL WIDE GOAL!
 - CHECK OUT THE ARTICLE ON THE FRONT OF OUR NEWSLETTER!
- PEER MEDIATION



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- LESSONS
 - Q3 ERIN'S LAW IN JANUARY
 - STAYING SAFE IN A VIRTUAL WORLD
- HIGH SCHOOL FAMILY NIGHTS BEGIN NEXT QUARTER
- STUDENTS WILL RECEIVE PRE- ACT RESULTS IN JANUARY/ FEBRUARY
- GOING ON MATERNITY LEAVE MID-FEBRUARY
 - WE HOPE TO HAVE AN INTERIM COUNSELOR FOR OUR 8TH GRADERS