

Local Wellness Policy Assessment (bolded)

Knox County Schools, TN 12/2017

The Smart Snacks in School nutrition standards are developed for foods and beverages sold or offered for sale during the school day in schools that include students in grades pre-kindergarten through 12. The school day will be defined as starting at midnight before the beginning of the official school day and continuing until 30 minutes after the end of the official school day.

State and federal regulations of Smart Snacks in Schools were presented at the October 2017 principal meetings. This information, as well as a link to a Guide to Smart Snacks in Schools was in the district's weekly Monday Message the week following the principal meetings.

Activities for promoting nutrition will include:

1. Taste test opportunities for students;
2. Student survey groups; and
3. Posting nutrition and health posters in school cafeterias.

Students from various schools across the district were invited to our local chapter's annual food show on September 14, 2017. Students participated in taste tests, and then provided survey results based on their feedback of the items sampled. Each school cafeteria has been provided signage from the state of TN to promote healthy eating habits. Coordinated School Health has also provided clings promoting health eating habits for serving lines for schools.

Good nutritional habits shall be encouraged. A la carte items should meet the Smart Snacks in School criteria as provided by USDA.

All a la carte items sold by school cafeterias are analyzed using the Healthier Generation Smart Snack Calculator.