

Bobcat Sports Chat

Volume 1, Issue 1 Fall 2014 Edition

A Message From the Athletic Director

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As the end of the first semester approaches, it is an excellent opportunity to look back on the fall and remember our many accomplishments as well as express our gratitude to our coaches and players for a job well done. In addition to our on-field accomplishments that each coach will address in the newsletter, Central represented our community at FCA Camp in Cookeville, TN, volunteered in the Color Run, participated in the Firefighters 911 Climb at the Sunsphere, and assisted in the Knox County Schools Job Fair. We were able to showcase our facilities by hosting the Knox County Football Jamboree, District III Volleyball Tournament, and the Knox County Band Exhibition.

I could not be prouder of all our fall athletic programs and our staff for



representing the best of the Red and Black as well as demonstrating the potential of our high school athletic programs to foster wellrounded, hardworking individuals that will undoubtedly shape our world for the better.

Two recent ceremonies paint a clear representation of the importance of high school athletics long after playing days are completed. On October 17th, we honored over fifty seniors who had represented the Red and Black throughout

their time in Fountain City. The pride these seniors and their parents had was evident as they were greeted on the track by their coaches. On November 8th, Buddy Helton was inducted into the CHS Wall of Fame. The emotion in his voice as he spoke about his coaches and how they shaped the development of his character was moving to all in attendance. Athletics not only shapes the future of our community leaders, but more importantly, it also positively influences how our current athletes lead our school every day.

We are Central! JD Lambert #bobcatnation

Co. Sincal Since

Lexie Reins,
Sophomore #3

"All in all,
we feel like
we are on
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Girls Soccer

Season Record 8-8 District Record 2-4

In the words of Head Coach Bill Mize...

Biggest Victories: No one victory stood out above the rest, but we doubled our wins from 4 to 8 in a rebuilding year. We did this after losing eight seniors to graduation and then two returning starters before the first match. All in all, we feel like we are on the right path.

Top Moments of the Season: The first victory in the 'Blood Water Soccer Invitational.'

Thoughts on Being Head Coach: I have great support from my assistant coach, Kellie Gilliam.

Our Top Performers:

Bailey Maybrier is our most skilled attacker. She scored 18 goals for us this year even after missing 7 matches due to injury. Chloe Padilla was a captain and senior leader. She scored 7 goals and was very effective at breaking down defenses with her aggressive play. Emily Wise, another team captain, scored 6 goals. With the help of Lexie Reins and Cailynn Meres, Emily Wise led a very talented midfield. We also have a very bright goalkeeper in Chloe Maxey. Her improvement has exceeded our expectations as this was her first year as starting keeper. She is training with a keeper coach in the offseason, and we are very excited that she is only a sophomore.

Awards & Recognitions:

1st Team All-District III
Lexie Reins

2nd Team All-District III
Bailey Maybrier
Emily Wise
Cailynn Meres

<u>District III All-Freshman</u>
<u>Team</u>
Brooke Flatford
Lilly Resmondo

CHS Team Awards
Attacker of the Year
Bailey Maybrier

<u>Midfielder of the Year</u> Cailynn Meres

<u>Defender of the Year</u> Lilly Resmondo



Cross Country

In the words of Head Coach Luke Brogden...

Top Moments of the Season:

We had multiple personal records at a few meets at Cherokee Park in Sequoyah Hills. Another 'top moment' for our team occurred when we pushed hard and saw some beautiful rolling farm country outside of Fountain City on a big 8-mile run on the final day of practice.

Biggest Victory:

Surviving the 'Hill of Death' at Johnson University

Top Moments as a Coach:

I enjoyed watching a few runners embrace the madness and learn to love (and even request) brutal hill workouts and extended mileage runs. It is hard to push yourself enough to where you 'get it,' but once you do, you are hooked-you're like 'bring it on!' Also, as a coach, I had my own top performance moment. I vanquished all other opponents in the pizza eating contest at Pizza Inn after the Regional meet at Victor Ashe—14 slices.

Top Performers:

Nathan Rupeka, Junior Evan Hamilton, Senior Kelly Fox, Sophomore

Awards and Recognitions:

Most Valuable Runners

Nathan Rupeka and Kelly
Fox

<u>Leadership Award</u> Evan Hamilton

<u>'Up-and-Comer' Award</u> Ryan Keeler "I enjoyed
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few runners
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Dance Team



In the words of Head Coach Shanda Anderson...

Top Moments So Far:

After winning 1st place in both Pom and Jazz division at the Encore competition in March, we have completed a successful football season by supporting our team on the sideline.

Now, we are ready for halftime performances at the boys and girls basketball games in the winter.

My favorite part of coaching this squad is the team bonding that goes with it. We are led by captains Mary Ullom and Haley Easterday, and we are a family!



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Volleyball

In the words of Head

Coach Heather Lovett...

Biggest Victories:

Becoming a team was our biggest victory! We struggled throughout the whole season getting to know and understand each other. We finally became a unit at a tournament at Carter.

Top Moments of the Season:

I was extremely proud of our efforts against Alcoa and William-Blount High School. However, my favorite moment as a coach this year came when we as a team volunteered at the 911 Firefighters' Climb. The girls were so selfless and did not complain one bit.

Awards & Recognitions:

All-District III Team

Mercedez Patterson

Hitter of the Year
Mercedez Patterson

<u>Most Valuable Player-</u> Katie Walsh



Most Improved Player
Emily Ryan

Rookie of the Year

Alex Hutcheson

Best Server & Defensive Player Rayleene Stone

Golf

2014 CHS Golf Team



Season Record 23-30
District Record 11-12

In the words of Head Coach Tony Patterson...

Biggest Victories:

Powell and Morristown-East at Millstone

Top Moments This Season:

In addition to shooting a season-low 157 and defeating Powell and Morristown-East at Millstone, I was proud that Kaleb Cooper qualified for the Region tournament.

Top Performers (season scores):

Dane Rheinecker 42.50 Hayden Settle 44.21 Kaleb Cooper 44.44 Julian Ball 44.93 Hunter Palmer 46.71

Football

Season Record 5-6
District Record 4-4

In the words of Head Coach Bryson Rosser...

Biggest Victories:

Jefferson Co. 31-17 Karns 49-28 Halls 42-6

Top Moments of the Season:

With a win over Jefferson County, Central earned its first 1-0 start in the last seven years.

With a win over Powell, Central earned one of its best starts to a season (3-1) in the last seven years.

With a win 13-0 win over Gibbs, Central earned a spot in the TSSAA playoffs, only the second playoff berth for Central in the last eight years and first under the new leadership and coaching staff.

Top Moments as a Coach:

With our win over Jefferson County, we won our first game under this coaching staff, and I received a cooler bath, marking a great start to the year.

Our win over Karns in week 3 marked my first game as Head Coach in Dan Y. Boring Stadium.

Our win over Halls on Senior Night in week 8 sent our seniors out on a positive note. It also meant that we got to keep the "Battle of Black Oak Ridge" trophy at CHS.





"We got to keep the 'Battle of Black Oak Ridge' trophy at CHS."

Football Top Performers

Jeremiah Howard (Junior) accounted for nearly 1,200 yards of total offense and 11 touchdowns. Matt Randolph (Junior) led the team in receptions, totaling nearly 350 yards and accounting for 3 touchdowns. Jadarius Sackie, (Sophomore) accompanied

the rushing attack by compiling 600 yards on the ground and 10 touchdowns. **Tanner Holt, Stephen Trewitt, and Jadarius Sackie** led the way on the defensive side of the ball. They had 42 tackles, 43 tackles, and 50 tackles respectively. Senior-leader

Cedric Washington led the defensive secondary with 3 interceptions on the year. He also led Special Teams with nearly 300 return yards. **Eli Holbert** (Sophomore) made 24 of 25 PATs.

Many of our players will be recognized on the All-District Team and All-District Academic Team. Some of our seniors have also been nominated to play in a couple of All-Star games in December.

Cheerleading

In the words of Head Coach Jackie Raley...

Top Moments of the Season So Far:

Our team received the Banana Spirit Award for the week of UCA Camp in the summer. In addition, we earned a Superior trophy and blue Superior ribbons and spirit sticks. We also earned 2nd place in Cheer and 2nd place in Dance.

After the start of the school year, we won homecoming this year by raising \$11,400 to

beat our school record of \$11,243 in 2011. We are proud to be the reigning homecoming champions the past four years.

We are also proud that our girls participate in a lot of community service. For instance, this year we volunteered at Race for the Cure and Fantasy of Trees for the East Tennessee Children's Hospital. We also participated with Bobcat Youth Athletics, Family Promise, and Assisted Living Homes.



Honors, Awards, and Recognitions:

TSSAA All-State Cheerleading
Team

Jordan Brock

<u>UCA All-Americans</u>

Jordan Brock and Sarah Shirley

<u>UCA Pin-It-Forward Award</u> Brelyn Spears

BSC Staff



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